



# What Is Child Abuse?

**Breaking down the self-confidence of a child**



**Not taking proper care of a child, for example: Not cleaning, clothing or feeding a child**



**Neglecting a child's medical needs**



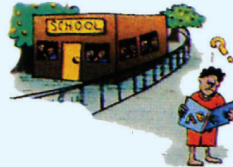
**Forcing a child to touch your private parts**



**Verbally abusing a child.**



**Neglecting a child's educational needs**



**Not listening to a child**



**Not giving love to a child.**



**Manipulating a child**



**Exposing a child to pornographic acts or literature**



**Teasing a child unnecessarily**



**Leaving a child without supervision**



**Engage in any sexual behaviour (looking, showing or touching) a child to meet your own interest or sexual needs**



**Do not use your child as a punching bag to vent your frustration**



# How can we help?



## Childline Tollfree Number

**116** Free from Vodacom, MTN, Cell C and Telkom Mobile Networks and all Telkom Landlines



## Online Counselling

You may chat to an online counsellor on our website:

**www.childlinesa.org.za** by clicking on the **“Chat to a Counsellor”** button. This will take you into a new screen where you will chat to a trained and experienced counsellor.

Chats are instantaneous, private and confidential (unless we feel you are in danger, or need further help).

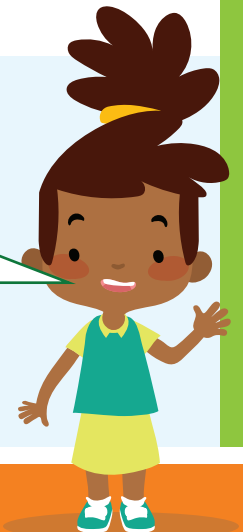
Chatrooms are open Monday to Friday 11am – 1pm & 2 -6pm



## Email

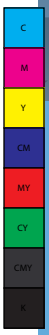
info@childlinewc.org

**REMEMBER- keep telling until someone believes you and takes action to protect you.**

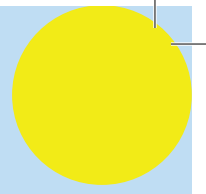




**What happens when you contact Childline?**



- **Make contact with Childline using the ways we described**
- **Anything you tell us remains private and confidential unless you need further help or we feel you or someone you know is in danger**
- **Don't bottle your feelings... when you speak to us you can let them out, be it happy, sad, anger or excitement.**
- **It is never too late to get help!**
- **Remember, when you feel that nobody understands, Childline listens.**
- **We care... you call...**



**TELL US!**

