



If you suspect or know that a child is being abused or neglected; or if YOU are a child who is being abused or neglected, report it immediately to the police or to your nearest Department of Social Development. You can also call the Childline 24-hour toll-free number **116**.

CONTACT US



**Childline Tollfree Number
116**

Available 24/7- Free from all Networks



Online Counselling

To reach a counsellor, simply visit www.childlinesa.org.za and click "Chat to a Counsellor".

We are available Monday-Friday,
11am–1pm and 2pm-6pm.



Email – info@childlinewc.org
Website – www.childlinewc.org

REMEMBER – keep telling until someone believes you and takes action to protect you.



DONATIONS:

Bank details: Childline Western Cape / Standard Bank / Branch Code 051001 / Current account number 410140023



Childline

Western Cape Services





- Deals with all types of problems related to children
- Counselling offered to callers
- Referral of callers and cases to the relevant authorities

Face to Face Counselling with children (3 – 17 years old):

- Rape and Sexual abuse
- Trauma debriefing
- Bereavement / Grief
- Court preparation
- Family support



Group work with children and adults

Community Development

- Child abuse prevention and awareness workshops with children
- Signs and symptoms of abuse workshops with adults
- Teenage Sexuality/ Bullying/ Gender Based Violence etc. workshops with children
- Parenting Skills workshops
- Ad hoc training, talks and presentations with children and adults if it falls into our area of service



TYPES OF CHILD ABUSE:



PHYSICAL ABUSE:

Violent shaking, hitting, kicking, biting, burning, pulling hair, pinching, suffocating, over/under medicating, excessive unwanted tickling

EMOTIONAL ABUSE:

Ignoring a child, humiliating a child, shouting at a child, swearing at a child, not meeting a child's emotional needs, breaking down the self-esteem of a child

NEGLECT

Not protecting a child, not providing for the physical and emotional needs of a child such as love, affection and medical care, keeping a child from school, denying a child access to information, denying opportunities for a child to play and socialize, abandoning a child

SEXUAL ABUSE:

Having sex with a child, exposing a child to pornography, deliberately having sex in front of a child, using a child for sexual or pornographic activities or photos, touching a child to stimulate the child or the adult sexually, seductive behaviour with children, flashing, masturbating in front of a child, sexual innuendo when talking to a child